

LAUNCH REPORT

Eva

25 June 2019

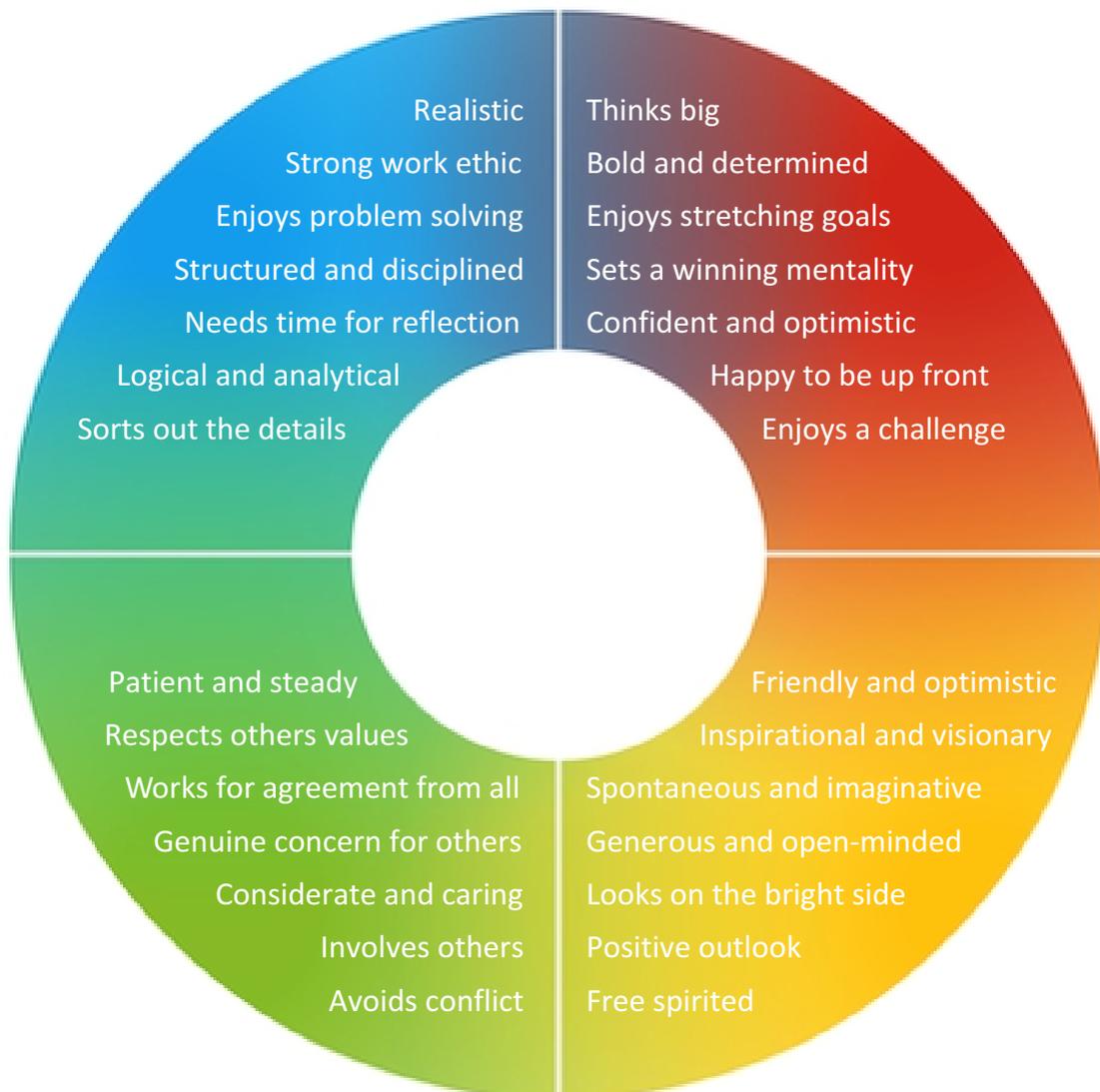
Eva

Welcome to C-me! Thank you for filling out the questionnaire. Here is your C-me profile based on the way you answered the questions.

Have you ever wondered why the way you approach things may be different to the person next to you? Why a task that fills you with excitement can be de-energising for someone else?

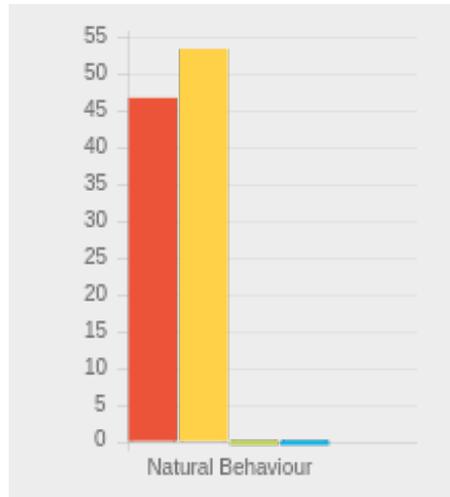
C-me helps you to understand your own preferred way of doing things and why other people might do things differently. It helps you discover how to get the best from yourself and other people, using the language of colour to show different styles of behaviour. Using C-me, you can improve the way you communicate, have better relationships and excel at what comes naturally.

Overview of Colours



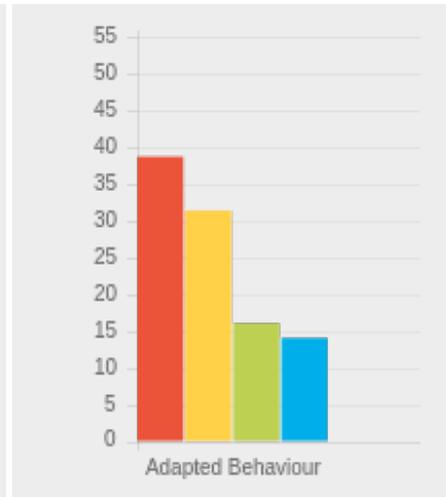
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These graphs show your likely behaviour patterns based on how you answered the questionnaire.



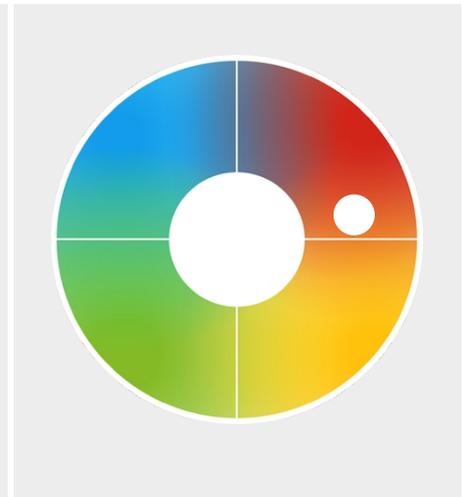
Natural Behaviour

This graph shows your more natural way of behaving, when you are relaxed or at home for example.



Adapted Behaviour

This graph shows how you are modifying your behaviour e.g. at work, school, college or university.



Wheel Position

The further your position is from someone else's, the more you may differ in what you think is the "right" way to do things.

Overview

This section provides a broad outline of your preferred ways of doing things.

Eva trusts her instinct to guide her through decisions. Expect the unexpected from Eva. Listening carefully and patiently doesn't come naturally to Eva; she should make an effort to be considerate to friends. She is usually happy to make decisions quickly because she is confident in her ability to sort out the details as things progress. She is happy to use her gut instinct in solving problems, although she may have trouble convincing others who prefer fact based decisions. Some people may get frustrated by what they see as last minute planning, but she is comfortable with her timeframes. She is open and optimistic. She urges teammates to work at her pace; a pace that may get faster as a deadline approaches. Eva prefers to work out her own way of completing a task given to her; she may not always read the instructions. Checking others are fully engaged and committed to her ambitious targets may help to keep them on board. It can help to remember that the parts don't need to all be perfectly in place to start the new project today.

Eva is prepared to push the boundaries of what has been tried before. What happens as a result of her decisions will not slow her down; she is confident she can sort out the problems as she goes along. Being centre stage gives her pleasure and may turn her presentation into a performance. In her attempt to win people's support she may put forward her ideas passionately. If others want to get their point across, they may need to compete for time to speak as she thinks quickly and communicates her ideas passionately. She will sometimes promote causes she has only just discovered herself. She enjoys having lots on the go at once; a couple more projects, activities or social items in the diary won't make a difference. There are always new things needing her attention; she much prefers managing several fast moving projects at once. Her belief in her ability to handle anything, whatever happens, may mean her preparation is left to the last minute. She is naturally creative and often comes up with original ideas when problem solving. People that say things more slowly and carefully may find she has a strong urge to finish their sentences.

Eva



Strengths

These are some of the key strengths someone with your colour preference may have.

- Makes life more exciting
- Ready to step in at short notice
- Skillful way with words
- Motivates the team
- Plays to win
- Positive, generous and open-minded
- Makes new friends easily
- Focuses on results



Communication

Communication strategies you are likely to prefer.

- She prefers to deal with well-spoken and interesting people
- Focus on action
- Let her develop the outcome
- Make the discussion enjoyable
- Involve her at every stage
- Stay encouraging and motivating
- Offer possibilities for immediate action
- Recognise her achievements



Development

Possible challenges to be aware of and areas you may still need to work on.

- May take risks
- May be more interested in the big picture than the detail
- Can become too concerned about the prize and avoid the process
- Moves quickly to the next task
- Wants to start the new ideas before finishing yesterday's tasks
- May rush important decisions
- Gets carried away by the enthusiasm
- Can recklessly jump in



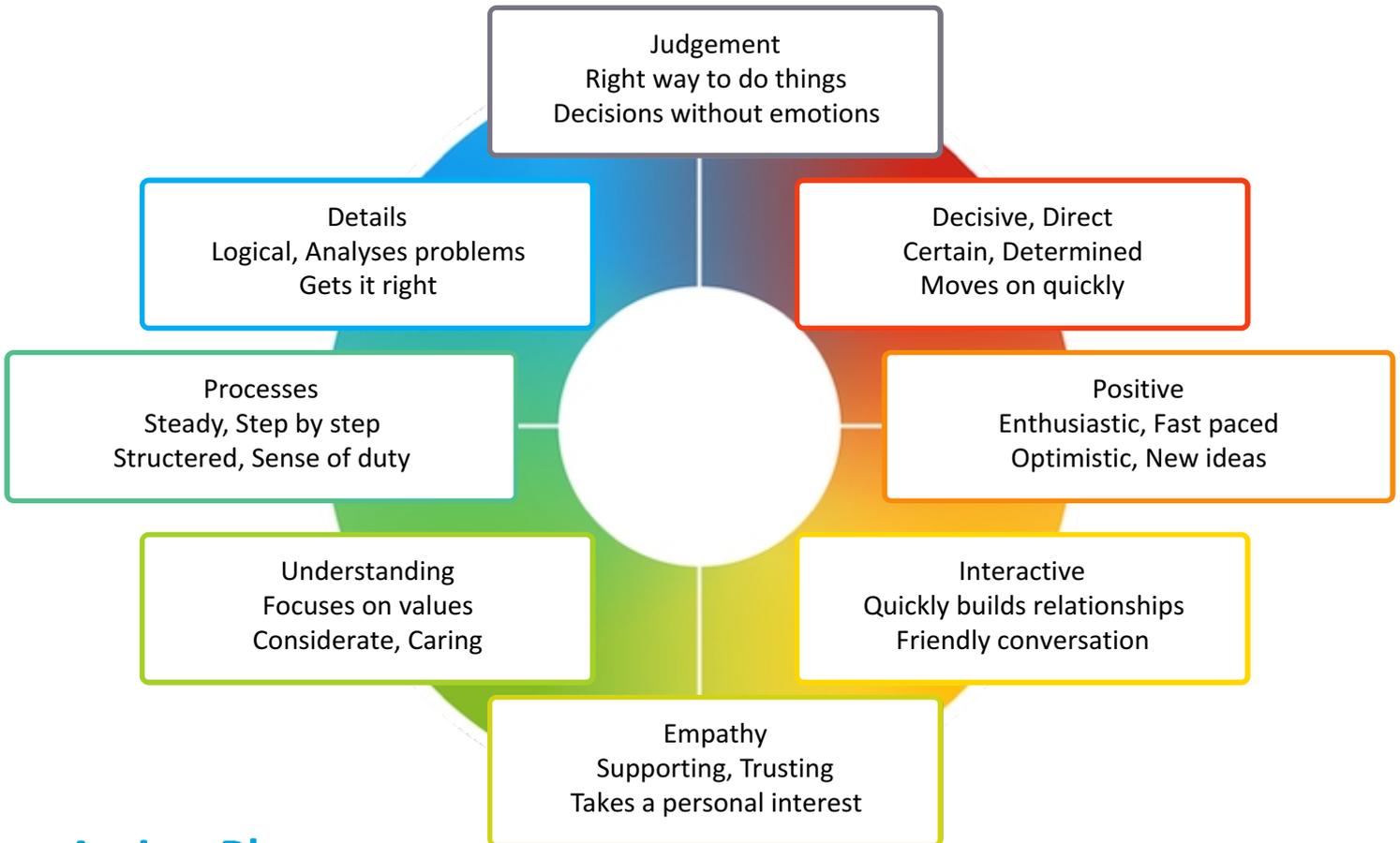
Team Value

The value you bring to a team may be in these areas.

- Takes well informed risks
- Shares a wide range of ideas
- Keeps up the team spirit
- Takes on new opportunities and rises to the challenge
- Lifts the team's spirits
- Inspires others, sometimes through fearlessness
- Speaks with confidence
- Builds a winning mindset

Excel at what you do naturally...

Different situations require different skills. Those skills that are matched to your personal colour combination are more likely to draw on your natural strengths. Firstly, look at the wheel below, which shows skills often linked with each colour preference. Then compare it to your graphs and wheel position on Page 3 of this report and think about which skills you find come most naturally to you.



Action Plan

1. Ask one person you trust to read your profile and give feedback on:

Two things they think are very true of you

-
-

Two things they have questions about

-
-

2. Then take some time to think about...

What would be useful to **start** doing?

-
-

What would be useful to **stop** doing?

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